Library News

Last issue of HP Source

Unfortunately, this September issue of HP Source, will be the last issue of our current awareness bulletin for the foreseeable future. We will post library news on the Library Blog or the front page HPAC.

The library will continue to provide a current awareness via the Library Blog. You can also subscribe to the Blog as an RSS feed. You will notice that we now have additional features subject headings, new books lists, so you can search the blog more easily. To view the Library Blog click here: http://hilstoke.blogspot.com/

Goodbye

Sadly this will be my last HP Source as I will be leaving the library on 2nd September, because the post of Information Development Librarian has been made redundant as part of PCT management cost savings. I would like to take this opportunity of saying goodbye to all Health Improvement Library members. I have thoroughly enjoyed working in the library for the last 16 months and supporting those who have visited the library or telephoned the enquiry service. I have enjoyed working with all my colleagues in Health Improvement.

I would like to wish you all health and happiness in the future. Please continue to use the Health Improvement Library; it will continue to support your information needs, though with reduced public opening hours.

Don't forget...

You can search and order items from the Health Improvement Library 24/7, via our website:

http://www.healthinfo.nstaffs.nhs.uk/HPAC/Index.jsp
Journal Articles (Z indicates that articles would have to be ordered from the library)

CVD

*BMJ* 2010;341:c4198. Lifestyle change helped to halve number of Americans dying from heart disease. Day, M. To view click [here](#).


Ethnic Minorities


Health Promotion

*BMJ Public Health* 2010, 10:455. Health promotion at local level: a case study of content, organization and development in four Swedish municipalities. Jansson, E.V.G & Tillgren, Per E. To view article click [here](#).

*BMJ Public Health* 2010, 10:459. Health in the 'hidden population' of people with low literacy. A systematic review of the literature. Easten, P, Entwistle, V.E & Williams, B. To view article click [here](#).

Health Service/Primary Care

*Health Service Journal*. 12th August 2010. PCTs raise the bar in final assurance test. Gainsbury, S et al. p4-6 (including world class commissioning league table).

*Health Service Journal*. 12th August 2010. World class values are a legacy for the long haul. Stout, D. p12-13

*BMJ* 2010; 340:c3114 Recession medicine. Torjesen, I. To view abstract click [here](#).

Health Inequalities

*BMJ* 2010; 341:c3639. Inequalities in premature mortality in Britain: observational study from 1921 to 2007. Thomas, B, Dorling, D & Davey-Smith, G. To view full text click [here](#).

Public Health

*BMJ* 2010;341:c4122. Public health directors will have big role to play in future NHS, says minister. Pownall, M. To view click [here](#).

Physical Activity


Obesity

*BMJ Public Health* 2010, 10:439. A randomised controlled trial to compare a range of commercial or primary care led weight reduction programmes with a minimal intervention control for weight loss in obesity: the Lighten Up trial. Jolly, K, Daley, A & Adab, P. To view click [here](#).

*BMJ Public Health* 2010, 10:420. "The solution needs to be complex." Obese adults' attitudes about the effectiveness of individual and population based interventions for obesity. Thomas, S, Lewis, S & Hyde, J et al. To view click [here](#).

Public Health


Smoking


*BMJ* 2010;341:c4021 Use of tobacco, drugs, and alcohol among English children is falling. Mashta, O. To view click [here](#).

*BMJ Public Health* 2010,10:444. Community pharmacists' involvement in smoking cessation: implementation of the national smoking cessation...
guideline in Finland. Kurko, T, Linden, K & Pietila, K et al. To view click here

Specific Conditions


New resources added to the Library stock

Cancer

Living a healthy life can reduce your cancer risk. (L14557)

Live a healthy life, cut your cancer risk. (L14558)

Skin cancer don’t get caught out. (P14559)

Communication and Marketing

French, J. et al (eds) Social marketing and public health: theory and practice. (B46016)

CVD

Matters of the heart – Dil Ki Baatein. (W11446)

Food & Health

Kessler, D. The end of overeating: taking control of our insatiable appetite. (B12628)

Calcium. (L12629)

General

Hoffman. T. Evidence-based practice across the health professions. (B01301)

Goleman, D. Social intelligence. (B01304)

Health Promotion

Thorogood, M & Coombes, Y. Evaluating health promotion: practice and methods. 3rd ed. (B03265)

Green, J. & Tones, K. Health promotion: planning and strategies. 2nd ed. (B03302)

Scriven, A. Promoting health: a practical guide. 6th ed. (B03148)

Health Service/Primary Care

Procurement guide for commissioners of NHS-funded services. (R02539)

CIPFA. Commissioning for personalization: from the fringes to the mainstream. (R02540)

Men’s Health

Rogers, V. Working with young men: activities for exploring personal, social and emotional issues. (B21433)

Mental Health

Plummer, D.M. Helping children cope with change, stress and anxiety: a photocopiable activities book. (B37632)

Parent & Child

Barlow, J & Shrader McMillan, A. Safeguarding children from emotional maltreatment: What works. (B26598)

Help pregnant women, new mothers and children get their free healthy start vitamins. (L26594)

Healthy Start - Free milk, fruit, vegetables and vitamins. (Somali) (L26593)
Healthy Start - Free milk, fruit, vegetables and vitamins. (Bengali) (L26592)
Healthy Start - Free milk, fruit, vegetables and vitamins. (Urdu) (L26591)
Healthy Start - Breastfeeding welcome stickers. (L26595)
Free vitamins will help your child grow up strong and healthy. Healthy Start poster for children. (P26597)
Free vitamins will help your child grow up strong and healthy. Healthy Start poster for women. (P26596)

Public Health
Katz, M. Evaluating clinical and public health interventions: a practical guide to study design and statistics. (B43117)
WHO. Public health campaigns: getting the message across. (B43118)
Faculty of Public Health. Healthy nudges – when the public wants change and politicians don’t know it. (R43121)

Sexual Health/Young People
Sex worth talking about. A healthcare professional’s guide. (L23264)

Smoking
Royal College of Physicians. Passive smoking and children a report. (B15558)
Public health research consortium. Final report. Evaluating the impact of picture health warnings on cigarette packets. (R15560)

Specific Conditions
Sharma, A. COPD in primary care. (B09237)

Workplaces
WHO report on the global tobacco epidemic 2009 implementing smoke free environments. (R15559)

Young People
Waters, E, Swinburn, B & Seidell, J (eds). Preventing childhood obesity: evidence, policy and practice (B32342)
Coholic, D. Arts Activities for Children and Young People in Need. (B32343)
Eliot, L. Pink, blue brain. How small differences grow into troublesome gaps – and what we can do about it. (B32345)
Taylor, C. A practical guide to caring for children and teenagers with attachment difficulties. (B32344)

Library Codes - The following codes are used for publications:
Don’t forget you can order our publications from the library catalogue.

News and Internet Publications
BBC
Hundreds of playground schemes mothballed
Hundreds of community playground schemes in England are being axed or scaled back because of government cuts. (11.08.10)
Swine flu pandemic over, says world health body
The swine flu pandemic has been declared officially over by the World Health Organization. (10.08.10)

BMA

The principles of GP commissioning: a General Practitioners Committee statement in the context of 'Liberating the NHS'
This statement from the British Medical Association (BMA) outlines their views on what the fundamental principles underlying the development of GP commissioning should compromise. (August 2010)

Communities and Local Government

Eric Pickles to disband Audit Commission in new era of town hall transparency
Plans to disband the Audit Commission and refocus audit on helping local people holds councils and local bodies to account for local spending decisions (13.8.10)

Department of Health

Review of future of Dr Foster Intelligence
The future of Dr Foster Intelligence, one of the UK’s main providers of information, analysis and targeted communications to health and social care organisations, is under review, the Department of Health and Dr Foster Holdings LLP have announced. (9.08.10)

Exercising healthy outcomes sport and exercise medicine. A guide for commissioners to developing musculoskeletal and exercise medicine services
A guide to inform the NHS about the new medical speciality of Sport and Exercise Medicine (SEM). The document outlines how a new service can provide a cost-efficient option for providing musculoskeletal services. The exercise medicine and wellness sections outline how SEM can provide medical support to patients and staff who wish to engage in health-enhancing physical activity, exercise or sport. (16.8.10)

Manual for Cancer Services 2008: Psychological Support Measures
Following a three month consultation, the final Psychological Support Measures are published for inclusion in the Manual for Cancer Services. (20.8.10)

End of Life Care Strategy: Second Annual Report
In July 2008 the Department of Health published the End of Life Care Strategy - promoting high quality care for all adults at the end of life. This second annual report sets out the continuing progress in implementing the strategy, highlights the need for further work and identifies the action intended for this coming year. (25.08.10)

Cancer waiting times
This quarterly report presents the validated results of the monitoring of waiting times for cancer services in England during the period April-June 2010. (August 2010)

Faculty of Public Health

Cities are lagging behind on cycling schemes
Major cities around Britain are still lacking proper cycling infrastructure and innovative thinking on cycling schemes. (4.8.10)

Heathcarerepublic

PCT managers to offer consortia GP commissioning support
A DoH scheme that encourages PCT staff to set up social enterprises will be open to PCT managers hoping to provide commissioning support to GP consortia. (16.8.10)

Local Government Association & CBI

Commissioning strategically for better public services across local government
This new report looks at the experiences of local authorities up and down the UK in developing new ways of commissioning public services, working with partners in the private and voluntary sectors to rethink how services could operate.

Local Government Improvement and Development and The Social Enterprise Coalition

Stimulating new markets - commissioning social enterprises - report for the national programme for third sector commissioning
This report presents the first stage of the Social Enterprise Coalition’s contribution research into stimulating new markets and using the power of commissioning to stimulate the social enterprise sector and new social enterprise models of delivery.

Mental Health Foundation

How to look after your mental health
The Foundation has put together 10 practical ways to look after your mental health.
**National Audit Office**

**A framework for managing staff costs in a period of spending reduction**
This paper sets out a framework for effective management of staff costs in a challenging environment of cost reduction in public services. It builds on the high level principles set out in the National Audit Office’s short guide to structured cost reduction. (August 2010)

**National Library for Public Health**

e-newsletter – August 2010. To view click [here](#)

**NHS Evidence**

NHS Evidence – Commissioning August 10 – news alert. To view click [here](#)

NHS Evidence - Ethnicity and health newsletter August 2010. To view click [here](#)

**NICE**

**Skin cancer prevention: information, resources and environmental changes: consultation on the draft guidance**
NICE is developing public health intervention guidance on skin cancer: how the NHS and local authorities can help prevent skin cancer using public information, sun protection resources and by making changes to the environment. The consultation is from 19th August 2010 – 16th September 2010.

**First NHS audit of NICE’s workplace guidance**
The first national audit among NHS staff of NICE’s public health guidance for the workplace is to begin later this month, the Royal College of Physicians has announced. (6.08.10)

**Parliament UK**

**Health Select Committee- Commissioning**
The Health Committee has issued an invitation to submit written evidence for its inquiry into Commissioning. The deadline for submitting written evidence is noon on Wednesday 6 October 2010.

**Skills for Health**

**LMI Regional reports**
Skills for Health have now published the Labour Market Intelligence (LMI) reports for all the English regions. These reports provide a profile of demand for healthcare in each region; the
labour market; the size and structure of each regional health sector; workforce characteristics; an evaluation of the skills gap, shortage and provision of training; and projections of future levels of employment. For the West Midlands click [here](#)

**Understanding the contribution of skills to productivity in the UK health sector**
This working paper outlines the issues of understanding how skills can enhance productivity and performance in the health sector. It is clear that skills and skills utilisation are an important factor in achieving a productive workforce but the precise connection is also difficult to quantify. The paper also highlights that employers and service providers who are seeking to make improvements need to use high quality evaluation techniques that use measures which are meaningful for both patients and employers. (August 2010)

**World Cancer Research Fund**

**UK breast cancer rates four times higher than Eastern Africa**
Breast cancer rates in the UK are over four times higher than those in Eastern Africa, World Cancer Research Fund (WCRF) has revealed (4.08.10)

**Web Watch**

**Change4Life**

**Change4Life partners toolkits**
The toolkits are full of advice, fun activities, posters and editorial, and a huge range of leaflets and posters. Check the guidance and insight section too.

**HealthKnowledge**

**Online critical appraisal skills course**
Finding and Appraising the Evidence is a freely available online course, available from the Health Knowledge web site, that will help you to develop the critical appraisal skills you need to help you assess clinical evidence. The modules take you through the process of how to find the evidence and then how to assess the validity and reliability of the published research in order to provide effective and efficient healthcare. The course is made up of 6 modules:

- Overall introduction to critical appraisal
- Finding the evidence
- Randomised controlled trials
- Systematic reviews
- Economic evaluations
- Making sense of results
NHS Direct

Female sexual health
A new female sexual health online symptom checker is now available from NHS Direct. Visitors to the site answer a series of questions and are then given self-care advice so that they can manage their symptoms, or a recommendation to visit their GP, local accident and emergency department or sexual health clinic. The service is confidential and users can choose to receive an anonymous call-back from a nurse advisor if they want to discuss their problem.

Events and Training

A few events are listed below. Click to see the month’s events

September – Let’s talk baby month.
5th – 11th September - Migraine awareness week
13th – 19th September - Know your numbers week - national blood pressure testing week
13th – 19th September – Sexual health week
21st September – World alzheimer’s day
26th September – World heart day

National

21st & 22nd September – Shaping the future. The public health agenda. Oxford. £550+VAT. To view click here

22nd September – Social marketing and behavior change. London. £429 +VAT. To view click here

30th September – A practical guide to measuring and monitoring patient experience through indicators, metrics and measures. London. £365+VAT. To view click here

7th October - Conference: Engaged and informed patients – The King’s Fund, London. To view click here

9th & 10th - November Mental health congress. Two day rate - £500+VAT or single day £350+VAT. To view click here

16th November - Measuring, monitoring and improving clinical, patient and health outcomes. London. To view click here

About Us

HP Source has been produced by the Health Improvement Library (part of NHS Stoke-on-Trent’s Directorate of Public Health) to keep you informed of current publications in the field of health promotion, education and improvement

Current subscribers will still receive a monthly email directing them to the Library Blog, in place of HP Source.

The library works on behalf of NHS Stoke-on-Trent and provides resources in the form of leaflets, posters and display materials for professionals in Stoke. The library holds a special collection of over 5,000 items: books, DVDs, journals, CD-ROMs, teaching packs, models and games which can help you to promote access to good information about health.

The service is free and is provided for anyone with a health remit who works or studies in the Stoke-on-Trent area, whether you are a health professional, working for the local authority, a member of a voluntary organisation, running a community group or a student.

For general enquiries, and current awareness contact Linda Clark (Senior Library and Information Manager) information.resources@northstaffs.nhs.uk

For leaflet and poster orders contact Natasha Brown, Natasha.Brown@stoke.nhs.uk

Library Opening Hours

The Health Improvement Library is open: 9.00am – 2.00pm Monday, Tuesday, and Thursday. To visit us at any other time, please ring first to make an appointment on 01782 298193.

HP Source

This is the last issue of HP Source. For current awareness please click onto the Library Blog:

http://hilstoke.blogspot.com/